

Don't have time but still want to help?

The following items are always needed at OAR:

- ✓ Hygiene items - soap, shampoo, toothpaste, toothbrushes, deodorant, lotion, and combs
- ✓ Tools - hammers, safety goggles, hard hats, tape measures, tool belts, and work gloves
- ✓ Gift cards to be used for incentives
- ✓ Duffel bags and back packs
- ✓ Sweat suits and thermal underwear
- ✓ White dress shirts and black slacks
- ✓ Rain coats, umbrellas, and knit caps
- ✓ Men's wallets
- ✓ Personal planners/organizers
- ✓ Winter coats
- ✓ Blankets
- ✓ Assorted greeting and thank you cards

Dollars for OAR

Make a general donation or designate your contribution for a specific service. All donations are tax deductible and can be made through a link to Network for Good on OAR's website.

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| \$5 | Personal planner/organizer |
| \$8 | DMV driving record for employment |
| \$10 | DMV photo ID |
| \$10 | One sweat suit for a client |
| \$12 | Virginia birth certificate |
| \$30 | Bus tickets for 2 weeks to/from work |
| \$30 | One pair of work boots |
| \$45 | GED testing fee |
| \$50 | Occupational license application fee |
| \$75 | Tools required for a job |
| \$125 | Rent assistance for one week |
| \$10-300 | Incentives for maintaining employment for 30 days to 3 years |

Volunteer to make a difference in the lives of our clients and the safety of our community!

Program Sites

Central Office

Downtown Richmond

Chesterfield County Jail

Henrico County Jail

Henrico County Regional Jail

New Kent County

Pamunkey Regional Jail

Hanover County

Petersburg City Jail and Annex

Petersburg Office

Richmond City Jail

Contact Information

OAR of Richmond, Inc.

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"Everybody can be great because anybody can serve. All you need is a heart full of grace."

---Dr. Martin Luther King, Jr.

OAR

***Offender Aid and Restoration
of Richmond, Inc.***

Volunteer Services Program

Never doubt that a small group of thoughtful, committed people can change the world. Indeed it is the only thing that ever has.

---Margaret Mead

About OAR

Offender Aid and Restoration (OAR) of Richmond, Inc. is a nonprofit community criminal justice organization that was founded in 1971. OAR has been a United Way funded program since 1975.

OAR's mission is to provide community managed services aimed at restoring the individual offender as a responsible member of the community. This is accomplished through the development and delivery of programs which support the restoration of offenders, their families, and their victims.

Volunteer Opportunities

Volunteers play crucial roles as members of the organization's governing Board and group facilitators, mentors, tutors and special projects coordinators at OAR's jail services sites and post-release offices. A volunteer application can be downloaded at www.oarric.org.

Group Facilitation

Alcoholics Anonymous/Narcotics Anonymous
Facilitate a weekly meeting for clients seeking recovery from alcohol or drug abuse.

Anger Management

Help clients explore the nature of anger in order to establish a life free of violence.

Drum Circle

Assist with this hands-on weekly activity that provides clients an opportunity to reduce stress, learn team building, experience success from individual contributions, have fun, and feel connected to a "community".

FOCUS Group

Help clients share common concerns, learn from one another, and propose solutions to daily frustrations.

Healthy Relationships

Teach clients relationship-building skills that lead to positive, violence-free relationships.

Introduction to Computers

Instruct clients in basic computer and keyboarding skills.

**"Each time I volunteer, I feel a sense of purpose."
---OAR Volunteer**

Life Without A Crutch

Help clients explore the nature of addiction and prepare for their recovery process.

Male Responsibility

Teach clients the skills to develop healthy attitudes and behaviors regarding relationships, marriage, employment, and family.

Money Management

Teach clients the basics of banking, budgeting, saving, and using credit.

Parenting Education for females

Help clients maintain relationships with their children and caregivers during incarceration and improve their parenting skills.

Responsibilities of Fatherhood

Help clients understand the financial and emotional responsibilities of fatherhood.

**"I learn something new with
every visit to the jail."
--OAR Volunteer**

One-to-One Activities

GED Tutoring

Help incarcerated or released adult learners prepare for the GED exam.

Hairstylist/Barber/Beauty Consultant

Provide pro bono hair cuts and makeovers for recently released clients.

Internships

Serve as case management assistants providing direct services to clients.

Mentoring

Establish constructive relationships with clients to assist them during the reentry process from incarceration to successful community reintegration.

Mock Interviews

Conduct practice job interviews and provide feedback to clients seeking employment.

Resume Preparation

Assist clients to develop professional looking resumes for their job searches.

Social Reintegration Activities

Assist individual clients to explore leisure activities and introduce them to new social networking environments.

**"My classes enable me to empower
and educate inmates so they can
realize their full potential."
--OAR Volunteer**

Special Projects

Adopt-A-Client's Family for Christmas

Sponsor OAR families by donating gift cards, clothing, shoes, coats, toys, or other items.

Various projects are usually available throughout the year at OAR's Central Office. If interested in helping out, call for details.

Other Ideas? We welcome suggestions or ideas for other activities. If you have expertise or talent in a specialized area and are interested in volunteering, contact OAR!